



You could bring a student like this into your home!

Meet Njaal from Norway



Service Ref: 17-01776
Gender: Male
Age (at arrival): 16 years
Program length: Year
Graduation Date: June 2020
Religion: Christian

GPA: Good
Quartile: Q2(Middle-high position)
ELTIS:

Friendly, sweet, kind, and inclusive are just a few words to describe Njaal! He loves soccer, which he has played for 10 years, and exercising with his friends. He can't wait to try new sports in the U.S., like football! Njaal enjoys hiking and watching sports with his family. They have a good relationship, usually eating dinner together, and Njaal has no trouble talking and sharing with his parents. Both of his older brothers studied abroad with AFS, and now he looks forward to having his own AFS experience! Njaal is eager to learn about American culture from the inside, not as a tourist!

Good to Know

No cats

For more information, contact: **Anna Guthrie**

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afsusa.org/host | **1.800.AFS.INFO**

In accordance with US Department of State Regulations, host families of J-1 exchange students must be fully screened and accepted before viewing actual student photos. To initiate the screening process, start our hosting application today.

Letter to Host Family

Dear host family,

I am very excited about the opportunity to become an exchange student, to live with you and get to know another culture than my own. I am used to travelling, because I have been to many countries in Europe, but for long I have wanted to visit another continent, so I am very excited to go to the USA for a whole year. Most of all I am very curious about how you are as a family, and I guess you are also curious about who I am as a person, so I will explain the best I can in this letter.

I am from Norway and I live with my parents, and I have two brothers that have moved out because of studying. Even though I am the youngest in the family, I am used to taking responsibility in the house. My friends and my parents say that I often take the lead, like in school projects and on my soccer team, and I like to have control of my own things. I feel like I have a close connection to my family, since I spend a lot of time with them. We eat together every day, we say goodbye every time someone leaves the house, and we speak personally together, so I feel like it is a very good connection between us.

My relationship to my friends is very close and good. We like to talk every time we see each other, and when someone is in trouble or has a problem we like to give each other advice. I have some best friends, and some are just friends, but I try to make as many friends as possible. When I asked my friends for some key words to describe me, the words they used were friendly, cares about others, sweet, very kind, responsible, funny, proper, helpful, nice, including everybody, loyal, outgoing, nice friend, positive, good style, generous, wise, sporty, always there, cool and cute.

I rarely argue with my parents, I only argue when it is about homework, but every time we can talk about it. I mostly talk important things with my mom, and about school stuff and sports with my dad. I get a lot of advice when it comes to daily life, so it often helps me in my social life.

What everybody in my family has in common is that everybody is pretty active. We sometimes exercise together. We also love seeing sports on the television, especially soccer, but also athletics because my mom ran track and field when she was young.

Letter to Host Family

In my spare time, I am go to soccer practice and a fitness center. I especially love soccer, because it is a competition sport, and I have played soccer for 10 years now. I like the fitness center for all its opportunities and how you can train in your own pace. I usually train with my friends, but sometimes I have to train by myself. I also spend time with my friends, sometimes in the afternoon when I do not have anything else to do, and especially in the weekends. When I move to USA I am open to try out new sports like American football and other sports, but I would also prioritize friends a lot, because friends are a key to happiness and having fun.

I think it is important for you to know what makes me frustrated and angry, so that you are prepared in case a situation like that will happen. I sometimes get frustrated if I get blamed for something I have not done, and when I lose in competitions I get angry for a while, but not after long I am ok.

School in general might be a bit boring, but without a good education, I will not get a good job in the future, so it is extremely important to do well in school. What makes me happy about school is when I meet my friends. They make my day every time I see them. After eleven years with English in school, and many vacations in English speaking countries, I feel like I manage the language pretty well. I am one of the better in talking English in my class, and have always been good at it. I think I am fairly good at everything in my class, above average I think. My plans for the future is either to become a police officer, a lawyer or an ambulance driver.

I will end this letter by telling you why I want to be an exchange student. First of all, I want to improve my English even more. I also want to become more independent and grow as a person. I want to live in another country and continent, and learn about the American culture from the inside and not as a tourist. By learning your culture, I will get a better understanding of the Americans. I also want to have a year which is different, with a lot of fun things to do. Most of all I hope I will feel like I am part of my new American family, you.

Best regards,

Njål, September 2017